

MUAY THAI COMBINATIONS

(From Probation Brown to Black-White Belt)

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| MT Combo 1 | <i>Jab, Cross, Hook, Downward Elbow</i> |
| MT Combo 2 | <i>Jab, Downward Elbow, Hook</i> |
| MT Combo 3 | <i>Rear Knee (Stationary), Lead Uppercut, Overhand</i> |
| MT Combo 4 | <i>Jab, Downward Elbow, Hook Elbow, Dropping Elbow</i> |
| MT Combo 5 | <i>Jab, Cross, Inside Leg Kick, Monitor, Low Roundhouse (Choppy)</i> |
| MT Combo 6 | <i>Cross, Hook, Roundhouse, Inside Leg Kick, Rear Knee</i> |
| MT Combo 7 | <i>Inside Leg Kick, Cross, Hook, Roundhouse, Knee</i> |
| MT Combo 8 | <i>Hopping Front Kick Lead, Cross, Hook, Downward Elbow</i> |
| MT Combo 9 | <i>Jab, Cross, Hook, Hopping Knee Rear</i> |
| MT Combo 10 | <i>6 Directional Elbow (Downward, Hook, Uppercut, Stab/Lunge, Upward, Over Shoulder)</i> |
| MT Combo 11 | <i>Jab, Cross, Hook, Spinning Backfist</i> |
| MT Combo 12 | <i>Jab, Jab, Switch Knee, Dropping Elbow</i> |

