

Progress Checks and Gradings

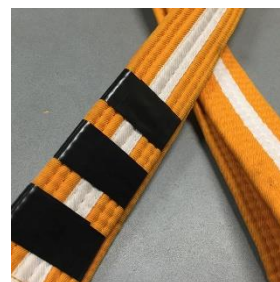


The Wilkes Martial Arts syllabus contains techniques from a range of different martial arts styles. Our belt system allows our students to stay motivated, set goals, and to visually see their progress.

If progress at home, school and training is satisfactory, students attending two lessons per week should be eligible to receive their next belt every 3 months.

Progress Checks

Progress checks are marked by tape on the end of a student's belt. To receive each progress check, students demonstrate particular techniques to their instructor during class. A sheet of the required techniques can be obtained from the front counter. Progress checks occur once a month, and help the instructors to make sure students are ready for grading.



Grading

Gradings are carried out in class, and involve students demonstrating all of their syllabus techniques in front of an instructor. If the student shows good focus and the correct techniques, their certificate and new belt will be handed out the following week.

In the lead up to grading, we hand out grading forms. For children, this includes a job checklist and a section for their teacher to sign. This ensures students are trying hard at home and at school before they are allowed to go for their next belt. Students also need to have all 3 progress checks and attended at least 18 classes.

