

# Accelerated Training Program (ATP)

## Information Sheet

Through the regular group classes it takes most students 4.5 years of consistent training to achieve Black Belt. Accelerated training enables our most dedicated students to double their rate of progress.

To be eligible for ATP you continue to learn one belt level each term through the group classes, however you must additionally attend one private lesson each week to also learn the next belt level. At the end of the term At the end of the grading term you will attend two gradings instead of the regular one, hence doubling your progress by achieving two belt levels each term.

You need to attend a minimum of 9 private lessons in a term to be eligible for ATP, so it is best to begin your accelerated training early in the term. Please note that we run a '10+1 Free' Promotion which means if you purchased 10 private lessons in advance, you will receive an eleventh private lesson free. You would have already paid for your group lessons and for your ATP private lessons you can either pay up front, each week as you come to the sessions or have them added to your existing direct debits.

Most ATP participants choose a day and a time for their private lesson which suits them and ask us to book them at that time slot every week. Others book ahead a week at a time.

Not everyone chooses to participate in the ATP program continuously. Some students choose to only accelerate their training (double grade) for one or two terms and others for the first year of training at which point they cease the private training component and continue with the group classes achieving one belt at a time each term.

Please speak to our friendly team at the front desk if you would like to try your first ATP private lesson or for questions and more information.



Phone: 9330 3300

E-Mail: [info@wilkesacademy.com.au](mailto:info@wilkesacademy.com.au)

Website: [wilkesacademy.com.au](http://wilkesacademy.com.au)